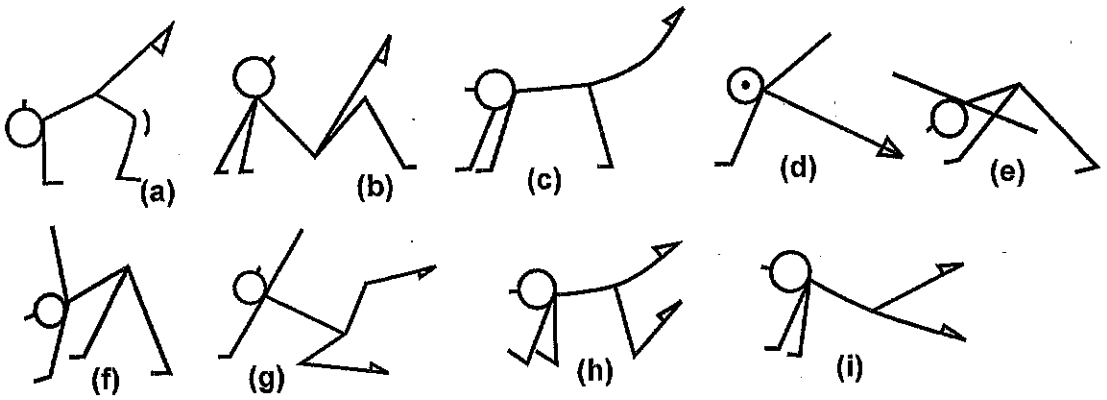
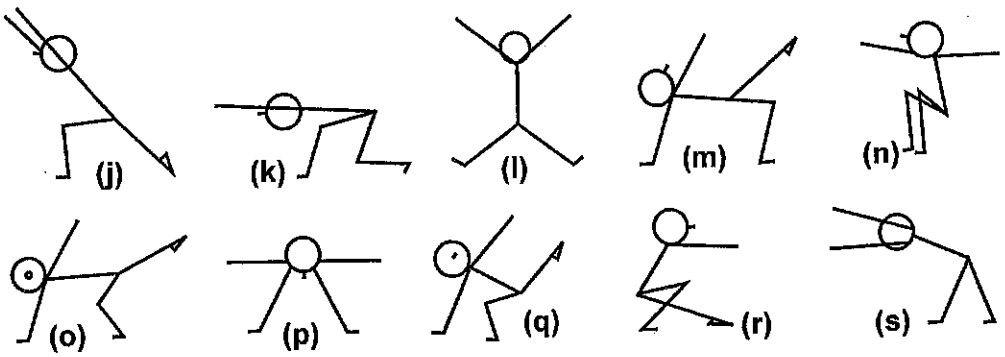
BALANCE - IDEAS

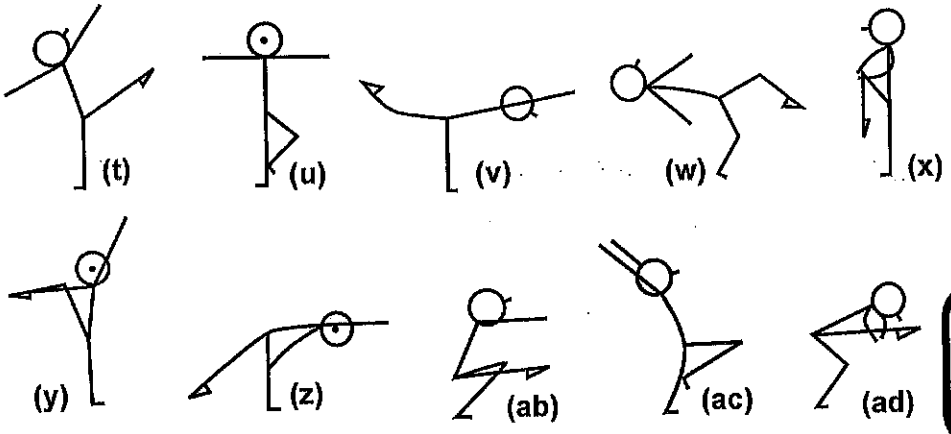
3 POINT BALANCES



2 POINT BALANCE



1 POINT BALANCE



CARD 11

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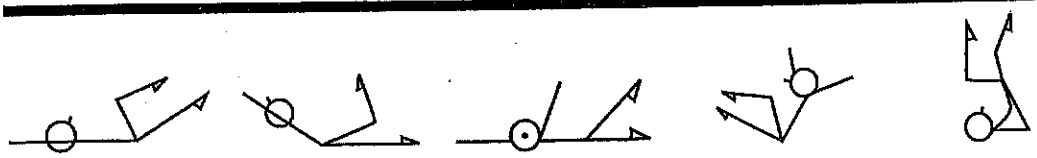
BALANCE - PATCHES

CARD 12



(a) back **(b)** front **(c)** side **(d)** hips **(e)** shoulders

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