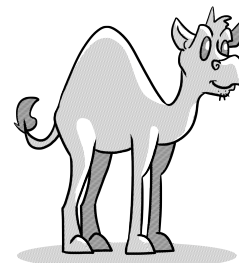




Have you ever come across these obstacles when trying something new or difficult?

- Fear of looking foolish.
- Everyone is way better than me.
- Hard work is a bit of a hassle.
- Confidence crises.
- Who even am I?



What did you do? _____

How did that feel? _____

My goal: _____

Obstacles I might face	What would Kid Average say?	What would Kid Awesome say?



This week I will practise approaching obstacles with a growth mindset.

Instead of saying...

...I will choose to say...

Make a note of how this makes you feel or behave differently.

© Year 2018 The PiXL Club Ltd and Author Matthew Syed. All rights reserved.

If this resource has been provided under The PiXL Club Ltd school membership agreement, it is strictly for the use of member schools for as long as they remain members of The PiXL Club. It may not be copied, sold, or transferred to a third party or used by the school after membership ceases. Until such time it may be freely used within the member school.

The Author Matthew Syed has the right to sell this teaching guide. It may not be copied, sold, or transferred to or by a third party. Matthew Syed takes full responsibility for all commercial activity thereof.

All opinions and contributions are those of the author. The contents of this resource are not connected with, or endorsed by, any other company, organisation or institution. Any additional images are from [getty.co.uk](https://www.gettyimages.com/) unless otherwise stated.

Endeavours have been made to trace and contact copyright owners. If there are any inadvertent omissions or errors in the acknowledgements or usage, this is unintended and PiXL will be remedy these on written notification.