

# Resilience Scenarios and Questions

## Gosha's Friends

Please read the scenario and answer the following questions.

Gosha's mum is waiting for her at home. Gosha is 11 years old and in year 6 of primary school. To prepare for secondary school, Gosha now walks home on her own after school.

Today, Gosha is late home so her mum decides to start walking towards school to see if she can find her.

As her mum walks around the corner, she finds Gosha crying. Gosha's mum asks her what is wrong and she says that she has fallen out with her best friend and lots of other girls have taken sides.

Gosha walks home slowly with her mum. She is very upset and struggles to tell her mum what has happened.

At home, Gosha tells her mum that she doesn't want to go to school in the morning as she can't face her friends. Gosha's mum decides to let her stay off school and calls Gosha's best friend's mum to try and sort out the argument. Gosha doesn't want to talk to her friend so she lets her mum sort it all out.

After two days away from school, Gosha's mum persuades her to go back to school, telling her that it will all be OK as she has sorted everything out.



1. Do you think Gosha's mum should have let her stay off from school?

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2. Was it a good idea for Gosha's mum to call the girl's parents? Explain your answer.

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3. What could Gosha and her mum have done differently?

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4. How could Gosha have shown resilient behaviour?

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5. What important lessons can  
Gosha learn from this?

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