



Statements	Self-assessment scale 1 = Strongly disagree / 10 = Strongly agree
1. People are born with a certain amount of intelligence.	1 2 3 4 5 6 7 8 9 10
2. You cannot change your level of intelligence very much by learning.	1 2 3 4 5 6 7 8 9 10
3. You cannot be more intelligent than your parents.	1 2 3 4 5 6 7 8 9 10
4. New information can always be learned, however old you are.	1 2 3 4 5 6 7 8 9 10
5. Maths and Science are easier to understand if you are male.	1 2 3 4 5 6 7 8 9 10
6. Females are better suited to creative subjects such as English and Art.	1 2 3 4 5 6 7 8 9 10
7. It is impossible to learn something new after the age of 70.	1 2 3 4 5 6 7 8 9 10
8. The harder you work at something, the better you will get.	1 2 3 4 5 6 7 8 9 10
9. It is not good to make mistakes when you are learning something new.	1 2 3 4 5 6 7 8 9 10
10. Famous sportspeople, dancers and musicians don't make mistakes.	1 2 3 4 5 6 7 8 9 10
11. Some people don't need to try hard to be smart; it comes naturally to them.	1 2 3 4 5 6 7 8 9 10
12. There is a limit to how many new things you can learn in your life.	1 2 3 4 5 6 7 8 9 10

Read each statement and circle the number (between 1-10) you feel is correct.

1 = strongly disagree

5 = neither agree nor disagree

10 = strongly agree

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