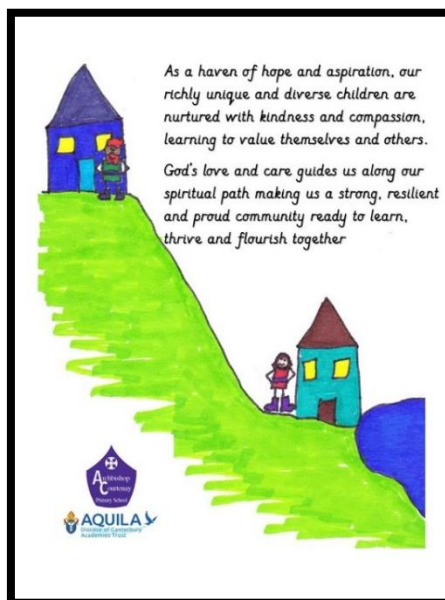


# Archbishop Courtenay Church of England Primary School

## PSHE & RSE Policy Personal Development and Life Skills Curriculum



Values: Aspiration, Compassion, Respect, Friendship, Resilience

*If you can dream it, with God's love you can achieve it*

2025 – 2026

**To be reviewed: January 2027**

# 1. Introduction

At The Diocese of Canterbury Academies Trust, a Church of England school, we are committed to nurturing our richly unique and diverse children with kindness and compassion, supporting their spiritual, emotional, and physical development. Our PSHE and RSE curriculum reflects our vision and values of compassion, friendship, resilience, respect, and aspiration, guided by God's love and care.

This policy sets out how we meet our statutory duties in delivering high-quality Personal, Social, Health and Economic Education (PSHE) and Relationships and Sex Education (RSE) in a way that supports the wellbeing of all pupils and aligns with the statutory guidance issued in 2025.

# 2. Statutory Framework

We comply fully with the statutory guidance on Relationships Education, Relationships and Sex Education (RSE), and Health Education (July 2025). Our curriculum is designed to equip pupils with knowledge, skills, and attitudes to build positive relationships, stay safe, and make informed decisions.

# 3. Curriculum Overview

- **PSHE Curriculum:** We follow the *Happy Minds* scheme, which supports pupils' mental health, emotional wellbeing, and personal development through a structured, age-appropriate programme.
- **Relationships and Sex Education (RSE):** Relationships education is embedded within the PSHE curriculum, focusing on healthy relationships, respect, and safeguarding.
- **Sex Education in Year 6:** We use the *Growing Up and Growing Wise* programme to deliver sex education sensitively and appropriately, preparing pupils for the transition to secondary education.
- **Church of England Ethos:** Our approach to PSHE and RSE is underpinned by Christian values, emphasising respect, compassion, and care for oneself and others, reflecting the teachings and example of Jesus Christ.

# 4. Policy Development and Consultation

This policy has been developed in consultation with staff, governors, parents, and pupils to ensure it meets the needs of our community and complies with statutory requirements. We actively engage and consult parents on the content and delivery of RSE to maintain transparency and build trust.

# 5. Parental Rights

Parents have the right to request withdrawal of their child from some or all sex education content that is delivered outside the science curriculum, particularly in Year 6. The school will discuss any such requests with parents and pupils to clarify the nature and benefits of the

curriculum and to document the process. Parents cannot withdraw children from relationships education or health education, which are statutory.

## 6. Inclusion and Accessibility

We are committed to making PSHE and RSE accessible to all pupils, including those with special educational needs and disabilities (SEND) and English as an Additional Language (EAL). Lessons are differentiated and adapted to meet diverse needs, ensuring all pupils can engage meaningfully with the content.

## 7. Delivery and Staff Training

PSHE and RSE are delivered by trained school staff who create a safe and supportive environment for learning. External providers may be used occasionally, and they are carefully vetted to ensure alignment with our values and safeguarding policies. Staff receive regular training to remain confident and skilled in delivering sensitive topics.

## 8. Monitoring and Evaluation

The PSHE and RSE curriculum and policy are regularly reviewed by leadership, staff, governors, and pupils to ensure relevance, effectiveness, and compliance with statutory guidance. Feedback from parents and pupils informs ongoing improvements.

## 9. Safeguarding

Our PSHE and RSE programmes are integral to our safeguarding approach, helping pupils understand risks, recognise abuse, and know how to seek help. Confidentiality and pupil welfare are paramount in all lessons.

## 10. Policy Availability

This policy is available free of charge to parents and carers on request and is published on the school website to ensure transparency.