



Who are Sikh people and how do they live?



Year 3 - Term 3 and 4 – Sikhi



What do people think and believe about God?

What does this look like in their life?



How does learning about religion cause you to question and wonder about the world around you and your own experience within it?



What does it mean for a child to belong to a family of faith?



Key Vocabulary

Sikh



A Sikh is a person who follows the religion of Sikhi.

Khanda



The Khanda is the special symbol of Sikhi. It has a double-edged sword in the middle and shows strength, truth, and fairness.

Waheguru

Waheguru is the Sikh name for God. It means 'Wonderful Teacher' and reminds Sikhs of God's goodness and greatness.

Guru



A Guru is a teacher who guides people and helps them learn the truth. In Sikhi, the Gurus teach how to live a good and honest life.

Mool Mantra

The Mool Mantra is the first and most important prayer in Sikhi. It explains what God is like and is learned and repeated by Sikhs.

Guru Granth Sahib



The Guru Granth Sahib is the holy book of Sikhi. Sikhs treat it with great respect because it contains the teachings of the Gurus.

Gurdwara



A Gurdwara is a Sikh place of worship where people pray, sing, learn, and share food together.

Seva Langar



Seva means helping others without expecting anything back. Sikhs believe it is important to serve and be kind. Langar is the free kitchen in a Gurdwara where everyone is welcome to share a meal, no matter who they are.

The 5 Ks



The 5 Ks are five special items that some Sikhs wear to show their faith.

Key Knowledge

Sikhs believe in one God, called Waheguru, and follow the teachings of the Gurus written in the Guru Granth Sahib.

Sikhs try to live a good life by being honest, treating everyone equally, sharing what they have, and doing Seva (selfless service).

Belonging to the Khalsa is important for many Sikhs, and Khalsa Sikhs wear the 5 Ks to remind them of their faith and duties.

Sikhs can worship at home or in the Gurdwara, a welcoming place open to everyone, and many Sikh people pray or meditate several times a day.

Vaisakhi is a very important Sikh festival that celebrates the beginning of the Khalsa and the Sikh New Year.

My Questions and Reflections

